

## 2013 Course Programme & Content

The aim of the residential Summer School in Girona is to showcase and explore current and innovative knowledge, skills and resources – such as social media technologies – leading to greater synergy between professionals, people and communities for improving health and well-being. This course will provide opportunity for developing new ways of working, creating new networks and find resources for 'Building Bridges' facilitating the dialogue and knowledge co-production between agencies and actors, establishing agreements and coordinating action.

Both theoretical and practical elements of health promotion are included in the programme, which is underpinned by an emphasis on participant interaction, including: field-visits to exemplary programs; opportunities for sharing knowledge and experiences with international colleagues involved in promoting health, in its broadest sense; all participants engage in developing a research project as part of an international multidisciplinary working group.

Participants will acquire **8 ECTS** credits.



### BUILDING BRIDGES – CREATING SYNERGIES FOR HEALTH

The Summer School now in its 22<sup>nd</sup> year will not only equip you with new knowledge and skills but also inspire and revitalise your enthusiasm for promoting health and wellbeing and develop long-lasting international professional networks.

The XXII European Summer School is targeted at a wide range of professionals from different disciplines working in fields involving health promotion in countries across Europe and more recently including Canada and other countries outside Europe.

For detailed information visit: [www.etc-summerschool.eu](http://www.etc-summerschool.eu)

University of Girona 14<sup>th</sup> – 26<sup>th</sup> July 2013 Catalonia – Spain

## Twenty Years of Capacity Building

Health promotion is based on intersectoral, interdisciplinary and interprofessional collaboration in a local, regional, national and/or international context. The guiding principles for health promotion practice are community participation, empowerment, equity, and freedom. These principles need to be fostered through training strategies and actions, including international courses.

Since 1991, ETC-PHHP has organised **21 summer courses in 12 cities with 534 participants from 44 countries** (mainly from Europe, 34), coming from public health, health promotion, all levels of health care, education, social work as well as research, management and policy backgrounds. 10 of them were in collaboration with the European Master Programme in Health Promotion (**EUMAHP**) from 2002 to 2011.

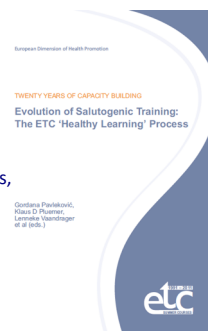
The ETC courses, planned and implemented by a team consisting of the representatives from all schools and academic institutions can be seen as a model of good practice, based on twenty years experience of capacity building.

### Feedback from 2003 participants

»It has been a great opportunity to meet many different kinds of people from whom you could learn a lot, and I definitely feel that I now have created a European network that could be useful in the future.«

»It was very difficult to work in a group consisting of participants from different cultures, backgrounds, age ..., but at the same time it was very interesting and challenging.«

I LEARNED A LOT,  
I WORKED A LOT, AND  
I LIVED A LOT



### Feedback from a 2004 participant

»In conclusion, this course was not only a rich learning experience academically and professionally but personally as well. It allowed me to broaden my horizons by learning more about the European views on health, wellbeing and health promotion which triggered an evolution in my perspectives.«



## ETC-PHHP Summer Course 2013

### 22<sup>nd</sup> ETC-PHHP Summer Course

## Building Bridges – Creating Synergies for Health

  
Universitat  
de Girona  
Facultat d'Infermeria

Faculty of Nursing  
University of Girona  
Catalonia – Spain

14<sup>th</sup> – 26<sup>th</sup> July 2013 (Summer School)  
Starts 6<sup>th</sup> May 2013 with Distance Learning

## 2013 Course Working Format

The **2013** Summer Course will consist of eight learning weeks: the first six weeks will be disseminated as a distance learning module (120 hours), followed by a two-week intensive course with morning and afternoon sessions (80 hours). The residential Summerschool will be held at the **University of Girona, Catalonia, Spain** hosted by the **Faculty of Nursing**.

Course methods include introductory presentations from the course team, self-study, group work, problem solving and other forms of peer-based learning. Expert briefings and field visits are included. **Course working language is English.**

## 2013 Course – Academic Recognition

The course is run at Master's level. The Association of Schools of Public Health in Europe  has reviewed the course. ETC members have been and are involved in European projects.

The course meets the requirements of the European Dimension of Health Promotion module, part of the EUMAHP core curriculum, and thereby can be credited towards **EUMAHP** partner courses with **8 ECTS**.



## 2013 Course Participants – Who should come?

The participants may come from health promotion, public health, and all levels of health care, education, social work as well as research, management and policy backgrounds. The number of participants is **limited to 30**.

**Deadline for application: April 12<sup>th</sup>, 2013.**

**For Online Application go to:** [www.etc-summer-school.eu](http://www.etc-summer-school.eu)

## 2013 Course Fee

The regularly course fee is **1.100 €**. Early registration will save **100 €**, before January 31. The fee includes accommodation in single rooms, lunches during the academic programme (Monday to Friday), catering during morning coffee breaks, course materials, and welcome & farewell dinner.

## ETC-PHP Network 1991 – 2013

Ten academic institutions and two independent individual consultants currently represent the European Training Consortium in Public Health and Health Promotion (ETC-PHP):

- 1 University of Zagreb, School of Medicine, Andrija Štampar School of Public Health, **Croatia**;
- 2 Institute of Health, Medical Sciences and Society, Glyndŵr University Wrexham, **UK**;
- 3 Department of Education and Health Promotion, University of Bergen, **Norway**;
- 4 Health & Society Group (HSO), Department of Social Sciences, Wageningen University, **The Netherlands**;
- 5 Department of Medical-Surgery Speciality and Public Health, University of Perugia, **Italy**;
- 6 Faculty of Nursing, University of Girona, **Spain**;
- 7 Department of Public Health & Policy, University of Liverpool, **UK**;
- 8 Research Centre for Health Promotion and Resources HIST/NTNU, Department of Social Work and Health Sciences, NTNU Trondheim – Norwegian University of Science and Technology, **Norway**;
- 9 Department of Public Health, University of Cagliari, **Italy**;
- 10 The INPES Health Promotion Chair at the EHESP, Department of Human and Social Sciences and Health Behaviour (SHSC), Rennes, **France**.

And two independent individual consultants in Public Health and Health Promotion from **Germany**, both actively involved in ETC-PHP Courses for many years, are also directly engaged in the ETC-PHP Network since ten years.



ETC-PHP was originally founded by the four academic institutions after the initiating meeting in Goteborg 1990: ■ Nordic School of Public Health (NHV), Goteborg (**Sweden**) ■ University of Liverpool (**UK**) ■ Valencia School for Health Studies (EVES), Valencia (**Spain**) and ■ Andrija Štampar School of Public Health, Zagreb (**Croatia**).

Two additional members of the ETC-Network in the years 1994-2003 were ■ National School of Public Health, Prague (**Czech Republic**) and 2001-2011 ■ Academy for Public Health, Düsseldorf (**Germany**).

## Contact and Location

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## How to get there

### by Plane

There are regular flights to Girona from numerous different Spanish and European cities. Girona-Costa Brava Airport is situated about 12 kilometres outside the city, and has good transport connections with the city centre. It is easily accessible by car, bus or taxi. Further information: [www.aena.es](http://www.aena.es)

### by Rail and Bus

The railway station is right in the centre of Girona. Further detailed information: ADIF Girona, [www.adif.es](http://www.adif.es)

Next to the railway station is Girona Bus Station with city buses and regional coach lines. FROBUS: Girona Airport–Girona Bus Station [www.frogbus.com](http://www.frogbus.com)

