

### **Please introduce yourself (where are you coming from? how old are you? what are you studying?)**

My name is Kachi Anukam. I am Nigerian, 21 years old & currently doing my Master's in Health Services Management at Columbia University's Mailman School of Public Health in New York City.

### **Why did you choose France? How did you learn about the EHESP?**

I chose to do my summer internship in France because the international exposure would be invaluable for me and it would also give me a direct & practical opportunity to consider public health issues comparatively, across countries.

I came to hear of EHESP through the Mailman School of Public Health earlier this year.

### **What are the reasons you want to come to the EHESP?**

I was determined to come to EHESP due to the existing rapport between my school & EHESP, furthermore the projects being offered for us interns seemed very interesting & engaging.

### **What have you learned as a foreign exchange student? How do you plan to share your experiences with other students when you return?**

One of the most important things I've learnt being a foreign exchange student is the importance of communication & inter-personal skills, especially abroad and in a working environment. The ease of communication and our good relationship with our supervisors and EHESP staff have certainly made our stay here more comfortable and worthwhile.

I will be sharing my experiences with my classmates via word of mouth, pictures, and official presentation of our work back at our school.

### **Is it necessary to speak French before coming?**

Speaking some French before coming is definitely great & if possible I would highly recommend it. My French is okay, not perfect but I realized making an effort to communicate in your host country's language is very much appreciated by people. Learning a language also increases your skills as an individual & could give you access to more opportunities work wise & in other areas of your life.

### **What are your future academic and career goals?**

Upon completion of my Master's degree, I aspire to be involved in Development consultancy & Health promotion on a global scale. I would love to work internationally in France, New York and also in my home country Nigeria.

### **What is your favorite thing about France? Your least favorite? How does it compare to your country?**

My favorite thing about France is probably the breath taking beauty of the country as a whole and also the French language which I love. My least favorite thing about France is the higher statistic of young teenagers, women and people in general smoking regularly, compared to my country Nigeria & the USA in which this statistic is significantly lower on average.